CURRICULUM VITAE



Name:- Shashi Sharma

Designation:- Assistant Professor, Daulat Ram College

Department:- Sanskrit

Contact No.:- 9910889141

Email ID:- dr.shashisharma62@gmail.com

Educational Qualification

| | | | | School/ | |
|--------------------|------|--|-----------|-------------|------------|
| Examination | Year | Main Subject | Division | College | University |
| | | ENG, HINDI, | | | DELHI |
| B.A | 1983 | HISTORY, SANSKRIT | 2ND | I.P COLLEGE | UNIVERSITY |
| | | | | | DELHI |
| M.A | 1986 | SANSKRIT | 1ST | I.P COLLEGE | UNIVERSITY |
| | | | | DEPT OF | DELHI |
| M.PHIL | 1987 | SANSKRIT | 1ST | SANSKRIT | UNIVERSITY |
| PH.D | 1993 | PRASTHANKRATNAKARA KA DARSANIKA ADHAYANA | | | |
| GERMAN | | | | M.E.L.ARTS | DELHI |
| CERTIFICATE | 1988 | GERMAN | 2ND | FACULTY | UNIVERSITY |
| | | | | M.E.L.ARTS | DELHI |
| GERMAN DIPLOMA | 1989 | GERMAN | 1ST | FACULTY | UNIVERSITY |
| | | | | BUDDHIST | DELHI |
| PALI CERTIFICATE | 2008 | PALI | 1ST | DEPT | UNIVERSITY |
| | | | | BUDDHIST | DELHI |
| PALI DIPLOMA | 2009 | PALI | 1ST | DEPT | UNIVERSITY |
| QUALIFIED UGC NET- | 1990 | | SL.NO-744 | I∕JRF SKT | |

| JRF | |
|-----|--|
| | |

Teaching Experience

| Courses Taught | Name of the University/College | Duration |
|---------------------------------------|--------------------------------|--------------------------|
| B.A., Pass & Hons., MA (tutorials) | Daulat Ram College, | 2006 -2022 (December) |
| B.A Pass & Hons. | Zakir Hussain College | 2005 - 2006 (March) |
| B.A. (Non- Collegiate) | Vivekanand College, DU | 1989 - 1990; 2004 - 2006 |
| Correspondence classes | Hans Raj College (B.A.); | 2006 - 2007 |
| M.A. | Correspondence Building, DU | 2008 |
| Correspondence classes | Correspondence Building, DU | 2008 |
| Sanskrit Diploma Classes | Arts Faculty, DU | 2005 - 2007 |

Publications

| Name of Journal/Book | Authors | ISBN/ISSN No. | Year |
|----------------------------------|---------------|-----------------|------|
| Eastern Book Linkers - Prasthana | Book Authored | 978-81-7854- | 2010 |
| Ratnakar ka Darshanic Adhyana | | 179-2 | |
| Ayurveda Ki Acharya Parampara | Book Authored | 978-81-941656- | 2019 |
| aur Arogya Sadhana | | 4-4 | |
| Bharatiya Sahitya mein Jnana | Book Authored | 978-81-9416565- | 2019 |
| Vijnana | | 1 | |
| Bharatiya Sankriti: Dharma aur | Book Authored | 978-93-85539- | 2018 |
| Darshana | | 11-4 | |
| Ayurvediya Mool Sidhanta Avam | Book Authored | 978-81-7854- | 2017 |
| Chikitsa | | 311-6 | |
| | | | |
| Catussastikala- Vaijayantimala – | Chapter | 978-81-86700- | |
| Vastukala ka parichayae: | | 99-4 | 2010 |
| Varahmihir Pranit Brihatsamhita | | | |
| ke aalok mae | | | |
| Shuddhadwait Sampradaya: Jeev | Chapter | | 2010 |
| ka Swaroop | | | |
| Adhuniksanskritsahityanirjhari- | Chapter | | 2008 |
| Adhunika Padya Kavya: Ek | | | |
| Sarvekshana | | | |

| Adhuniksanskritsahityanirjhari- | Chapter | | 2008 |
|---------------------------------|-------------|------------|---------|
| Adhunika Gadya Kavya: Ek | | | |
| Sarvekshana | | | |
| Theatre and Dramaturgy in | Article | | 2016-17 |
| Modern Perspective | | | |
| Pranayam Prakriya Swasthyaya ki | Article | | |
| Daatri | (Newspaper) | | |
| Swarg Narak Jagat Sambandhi | Article | | |
| Avdharana | (Newspaper) | | |
| Bodhipatha- Buddha Vanmaya | Article | 2011/41024 | 2011 |
| mae Sangeet | (Magazine) | | |
| Bodhipatha-Pali-Nikaya: Lok | Article | 2011/41024 | 2011 |
| Mahotsava | (Magazine) | | |
| Bodhipatha-Bhumandalikarana | Article | | 2012 |
| kae Sandharbha mae: Bhagvaan | (Magazine) | | |
| Buddha kar Siddhanton ki | | | |
| Sarthakta | | | |

Projects

| Topic | Funding Authority | Budget | Whether Continuing or |
|-------|-------------------|--------|-----------------------|
| | | | Completed (Year) |
| | | | |

Seminar and Conference Presentations

- Presented a paper entitled 'Concept of Jiva in Suddhadvaita Philosophy' at the Shodha Parishad,
 Dept. Of Sanskrit, University of Delhi in November, 2006.
- Presented a paper entitled 'Contribution of Prof. R.V. Joshi to Sanskrit & Indology' at National Seminar organized at Delhi Sanskrit Academy on 3rd December, 2006.
- Presented a paper entitled 'Concept of Brahma, Jiva and Jagat in Suddhadvaita Philosophy' at a
 U.G.C. Sponsored National Seminar on 'Sanskrit in Global Perspective' organized by Jagat Taran
 Degree College, University of Allahabad on 31st January and 1st February, 2007.
- Presented a paper entitled 'Stutigitis in Srimadbhagavatapurana' at National Seminar on 'Relevance of Indian Stotra Literature' organized by the Department of History Kumaun University, SSJ Campus, Almora, Uttarakhand on 9th and 10th February, 2007.
- Presented a paper entitled Sakuntala's Beloved Forest Companions in Sakuntalam of kalidasa in the IIIrd section on 'Language and literature- Binding Force, held at Mahidol University on 25th May, 2007.

- Presented a paper entitled 'Literature and Jana Jagarana' at the national Seminar organized at Delhi Sanskrit Akademi on 2nd December, 2007.
- Presented a paper entitled 'Bhagavallila Varnana in Rasapancadhyayi' at the 11th India Conference organized by Wider Association for Vedic Studies (WAVES) at Vrindavan from 14th - 16th December, 2007.
- Presented a paper entitled 'Jnana gaveshana ki Sakshi: Cara Bauddha Sangitiyan' and also acted
 as a Reporter at an International Seminar on the topic 'Sangitis (Buddhist Councils): Perspectives
 Prospects'organized by Deptt. Of Buddhist Studies, University of Delhi from 8th 10th February,
 2008.
- Presented a paper entitled 'Bauddha Darshana ke adhara para Arya Satyon ki Vyavaharikat' in an All India Sanskrit Conference organized by Delhi Sanskrit Akademi at SLBSR Sanskrit Vidyapeeth Deemed University, New Delhi from 23rd - 25th February, 2008.
- Presented a paper entitled 'Valmiki Ramayana men Rashtriya Bhavana' in the Epics & Puranas section of the 44th All India Oriental Conference held at Kurukshetra University in July, 2008.
- Presented a paper entitled 'Harappa Sanskriti: Sthapatya evam Shilpakala' at the 12th Indian Conference organized by Wider Association for Vedic Studies (WAVES) at New Delhi on 24th and 25th December, 2008.
- Presented a paper entitled 'Baudha Darshana ka Kramika Vikasa' in the National Seminar on 'Origin and Development of Buddhism Sects: Their Cultural Identity and Cross-Cultural Perspectives' at Department of Buddhist Studies, University of Delhi from 6th - 7th February, 2009.
- Presented a paper entitled 'Vastukala ka Parichaya' in the National Seminar on 'Sixty-Four Arts in Indian Literature' organized by Department of Sahitya Shri Jagannath Sanskrit Vishvavidyalaya, Puri on 7th - 8th July, 2009.
- Presented a paper entitled 'The concept of Nyasa in Kalidasa' in the National Seminar on 'Ancient Hindi Law and Administration in the Puranic and Classical Sanskrit Literature' organized by Karnatak University, Dharwad from 2nd - 4th November, 2009.
- Presented a paper entitled 'Bhumandalikarana ke sandarbha mein: Bhagwan ke siddhanton ki sarthakata in the International Seminar on Buddhism and Globalization held at University of

- Delhi, jointly organized by Department of Buddhist Studies under DSA Programme UGC, University of Delhi, India and India Council for Relations from 17th 19th February, 2010.
- Presented a paper entitled Sanskrittatha Hindi Bhasha ka tulanatmaka Adhyayana in the national seminar on Sanskrit Bhasha evam Adhunika Bhartiya Bhashayein at Kalindi College, University of Delhi from 18th - 19th February, 2010.
- Presented a paper entitled 'Arya Samaj Ke Sansthapka. Swami Dayanand ka mahatvapurna yogdanain' the National Seminar on Swami Dayanand Sarawati's contribution organized by Ramjas College, University of Delhi in the month of February 2010.
- Presented a paper entitled 'Ayurveda Chikitsa ki Vaigyanikta evam Vaishiahtya' in the National Research Seminar organized by Kalidasa Acedamy of Sanskrit Music and Fine Arts at Bharti College, Delhi in March, 2011
- Presented a paper 'Puranon mein Ayurveda' in the National Research Seminar organized by Kalidasa Academy on Sanskrit Music and Fine Arts at Bharti College, Delhi in March, 2011.
- Presented a paper entitled 'Hinayana aur Mahayana Sampradaya: Sahitya va Siddhanta' in the National Conference organized by Indian Society for Bhuddhist Studies at Gangtok, Sikkim from 16th - 18th September, 2011.
- Presented a paper entitled 'Bauddha Dharma ke Prachar mein Samrat Ashoka ka Yogdana' in the International Conference on Buddhist Linkages in South and South-East Asia: Perspectives and Prospects (BL SSEA 2011) organized by Department of Buddhist Studies, University of Delhi from 7th - 9th October, 2011.
- Presented a paper entitled 'Dauhare mapadanda aur Nari ki Asmita' in the National Seminar on 'Women Empowerment and Sanskrit literature' at Hindu College, University of Delhi from 23rd -24th February, 2012.
- Presented a paper entitled 'Dhammapada Baudhon ki Geta hae: Ek Samiksha' in the International Conference on 'Introspection on Buddhist Traditions' held at Gautam Bhuddhist University, UP on 7th - 9th September, 2012.
- Presented a paper entitled 'Vaidika Siksha tatha Adhunika Siksha ki paridhi: Ek Sarvekshana' in the National Seminar organized by Delhi Sanskrit Academy on 29th September, 2012.

- Presented a paper entitled 'Sanskrit Sahitya main jal samrakshana ki avadharana evam vartamanakal ka samadhana' in the 16th Indian Conference WAVES on 'Vedic views on Man and Nature: Modern Context' from 24th - 26th December, 2012.
- Presented a paper entitled 'Suvarnaprabhasasutra: Ek Parichaya' in the National Seminar on 'Buddhist Philosophy & Its Society Pragmatism' at Iswar Saran Degree College, Allahabad from 10th 12th October, 2014.
- Attended the 'All India Seminar on Social Consciousness in Modern Sanskrit Literature' organized by the Department of Sanskrit, University of Delhi from 31st March and 2nd April, 2007.
- Attended a Three-day Kalidasa Mahotsava and National Research Seminar organized under the auspices of Kalidasa Academy of Sanskrit music and Fine Arts, Bharti College; Delhi Sanskrit Akademi and Kamala Nehru College, University of Delhi from 1st - 3rd December, 2007.
- Attended a Seminar on 'Relevance of Sanskrit' organized by Lakshmi Bai College, University of Delhi on 11th December, 2008.
- Attended the International Seminar on 'the Cross-Cultural Migration of Panchatantra and its Relivance in the Contemporary World' organized by Department of Sanskrit, University of Delhi, South Campus (UDSC) from 15th - 16th December, 2011.
- Attended the 19th Prof. Narendra Nath Choudhary Memorial Lecture by Prof. Georga Cardona on 'Panini as an Innovator: his Relations with his Predecessors and Reasons for Changing' at Arts Facility, University of Delhi on 27th January, 2012.
- Presented a paper entitled 'Manav Jiwan mein sangeet ki upayogita' was published in the Technical Sciences and Fine Arts Section of All India Conference of Bhandarkar Oriental Research Institute, Pune in its 45th Session in 2012.
- Attended one-day National Research Seminar on Psychology and Stress Management in Ancient Sanskrit Literature and Climatology and Management of Water Research in Ancient Indian Literature organized by the Department of Sanskrit Bharti College on 11th October, 2012.
- Attended the Narendra Choudhary Memorial lecture in the Department of Sanskrit on 3rd
 January, 2014.
- Attended a lecture on 'Sanskrit va Itaretar Bhasha at Rashtriya Sanskrit Sansthana in 2014.

- Attended the National Seminar on 'Nari Sashaktikarana evam Bhartiya Sahitya' held at Lal Bahadur Shastri Sanskrit Vidyapitha, Delhi from 25th - 27th February, 2014.
- Attended the workshop on 'Adhunika Sanskrit Sahitya' organized by the Department of Sanskrit,
 University of Delhi in 2007.
- Participated and successfully completed a five- day Training Programme and workshop organized by the Department of Sanskrit, University of Delhi form 6th - 10th October, 2006.
- Participated and successfully completed a two- week Sanskrit Samvadasala organized by Sanskrit Bharti, New Delhi form 1st - 14th October, 2007.
- Attended a Symposium on Arts of Living (In Indian Philosophy) organized by Delhi Sanskrit Academy and WAVES on 31st May, 2008.
- Attended a National Workshop organized by Bharti College, University of Delhi on the Newly
 instituted course (Paper IX) of Modern Sanskrit Literature in BA Honors. Also Presented a Paper
 entitled 'Survey of Upanyasa Vidha in Modern Sanskrit Prose Literature' on 9th August, 2008.
- Attended a lecture on 'Ancient Indian Scripts' delivered by Dr. Balaji Ganorkar, Director B.L.
 Institute of Indology at Hindu College, University of Delhi on 11th November, 2008.
- Attended a Workshop on 'Kavyaprakash' organized by Delhi Sanskrit Academy from 16th 25th
 September, 2013.
- Attended a Workshop on 'Vaidic Ganita' organized by Delhi Sanskrit Academy from 27th 6th
 October, 2013.
- Attended a Workshop on 'Jyotish' organized by Delhi Sanskrit Academy from 8th 20th October,
 2013.
- Presented a paper entitled Sanskrittatha Hindi Bhasha ka tulanatmaka Adhyayana in the national Seminar on Sanskrit Bhasha evam Adhunika Bhartiya Bhashayein in Kalindi College, University of Delhi from 18th - 19th February, 2010.
- Presented a paper entitled 'Vaidika Siksha tatha Adhunika Siksha ki paridhi: Ek Sarvekshana' in the National Seminar in Delhi Sanskrit Academy on 29th September, 2012.
- Presented a paper entitled 'Sanskrit Sahitya main jal samrakshana ki avadharana evam Vartamanakal ka samadhana' in the on 'Vedic views on Man and Nature: Modern Context' from 16th Indian Conference WAVES from 24th - 26th December, 2012.

- Presented a paper entitled 'Suvarnaprabhasasutra: Ek Parichaya' in the National Seminar on 'Buddhist Philosophy & Its Society Pragmatism' in Allahabad from 10th -12th October, 2014.
- Submitted a paper entitled 'Manav Jiwan mein sangeet ki upayogita' was published in the Technical Sciences and Fine Arts Section 45th Session in All India Conference of Bhandarkar Oriental Research Institute, Pune in 2012.
- Attended the International Seminar on 'the Cross-Cultural Migration of Panchatantra and its
- Relevance in the Contemporary World' organized by Department of Sanskrit, University of Delhi,
 South Campus (UDSC) from 15th 16th December, 2011.
- Attended the 19th Prof. Narendra Nath Choudhary Memorial Lecture by Prof. Georga Cardona
 on 'Panini as an Innovator: his Relations with his Predecessors and Reasons for Changing' at Arts
 Facility, University of Delhi 27th January, 2012.
- Attended one-day National Research Seminar on Psychology and Stress Management in Ancient
- Sanskrit Literature and Climatology and Management of Water Research in Ancient Indian
 Literature the Department of Sanskrit Bharti College DU 11th October, 2012,
- Attended the Narendra Choudhary Momorial lecture in Department of Sanskrit in 3rd January,
 2014.
- Attended the National Seminar on 'Nari Sashaktikarana evam Bhartiya Sahitya' in Lal Bahadur
 Shastri Sanskrit Vidyapitha from 25th 27th February, 2014.
- Presented a paper entitled "Upanishad Jiwan Darshan ka Dhyeya: Sarvangina Vikas" in the national seminar organized by Hindu Ram College on 22-23rd April,2015.
- Presented a paper entitled "Shathapatha Brahman ke Jala Plavan Aakhyana ka Bhumigarbha Sakshyon ke Aadhara par Kal Nirdharana" in the national seminar organized by Department of Sanskrit, University of Delhi, Daulat Ram College on 26-28th, September, 2015.
- Presented a paper entitled "Jyotishashastra mein Kalaganana ki Upadeyata" in the national seminar organized by Department of Sanskrit, University of Delhi, Daulat Ram College on 26-28th, September, 2015.
- Presented a paper entitled "Sanskrit Mithaka Sahitya mein Swarga-Naraka Sambandhi Avadharana" in the national seminar organized by Laxmi Bai College.

- Presented a paper entitled "Prachina Kal aur Aaj ki Khabaron mein Nari ki Asmita ke Dohare Mapdanda" in the national Conference on Print Media and Women organized by Indian Association of Mass Communication and the Department of Political Science, Daulat Ram College on 12th August, 2015.
- Presented a paper entitled "Bharat ki aadima janjatiyan:Samajika tatha aarthik vyavastha ka dhacha at national seminar organized by Hindi department of Daulat Ram College on 9-10 March,2016.
- Presented a paper entitled "Rangmanch aur lok ka antah-sambandh:ek paricarcha',at national seminar on Theatre and Dramaturgy in Modern perspective, organized by department of Sanskrit, Kalindi College, University of Delhi on 10-11 August,2016.
- Presented a paper entitled "prachina bauddha Sahitya me Ramkatha Sambandhi Jatakau ka Samishatmaka Aadhyyana" at National seminar organized by Punjabi university, Patiala during October,21-23,2016.
- Participated in one day national symposium on Modern Sanskrit literature " organized by Department of Sanskrit at Bharti college on Jan 25,2017.
- In House Skilled Development Programme-Co-coordinated and Resource person in 2 week long
 In House SDC [Sanskrit Sambhasana Karyasala] organized by the Dept of Sanskrit during
 December 15-30,2016.
- Sanskrit Sambhasana Karyasala-Acted as Resource person in ten days long Sanskrit Sambhasana
 Karyasala organized by the Dept of Sanskrit, during Dec24,2015-January4,2016.
- Attended a Syamposium on World Literature organized on World Literature organized by Dept of Sanskrit DU at South Campus, University of Delhi on January 7,2017.
- Attended a National Conference on contribution of Acarya Abhnavgupta: Philosophy of Kashmir to the overall growth and Development of Indian thought, organized by DRC, university of Delhi on 19-20 January, 2017
- Presented a research paper titled Ayurvediya sambhasha Paddhati: Carak Samhita ke sansdarbha Mein at National seminar organized by department of Sanskrit, Hindu College in 2018.

- Presented a research paper titled Maharshi Vyasa ki Bhagwat Prapti ke Marg Pratipadana ki
 Shaili Bhagwat Gita ke Pariprekshya mein at National seminar organized by department of Sanskrit, Hindu College in 2018.
- Published an article entitled Supreme Court ke Faisle va Nari sashaktikarana in WDC annual Bilingual Magazine Shreshtha in 2018.
- Published a book Ayurvediya Moola Siddhanta evam Chikitsa by Eastern Book Linkers, Delhi in 2018.
- Attended 'Faculty development program' on positive education: Developing skills for teaching, learning and well-being, organized by Positive Psychology Centre (IQAC, Daulat Ram College) on 22nd -28th May. 2018.
- Presented a paper entitled "Bauddha Sangha Sanrakshika: Vishakha" organized by Indian Society for Buddhist Studies at University of Kalyani (West Bengal) on 28th – 30th September, 2018.
- Attended 'In-house Skill Development Program' (IQAC) on "Ayurveda: Basic Principles & Their Relevance" and delivered a lecture on "Introduction, Rationality and Characteristics of Ayurveda" on 27th December, 2018 at Daulat Ram College.
- Participated in International Conference on "North East India: Exploring Philosophy, Culture and Environmental Sustainability (IQAC) at Daulat Ram College on 10th - 11th January, 2019.
- Attended 'Faculty development program' on Survey Research with Partial Assistance from Regional Centre (IQAC, Daulat Ram College) on 5th -11th March, 2019.
- Organized National seminar sponsored by UGC on "Pariyavaraniya Chintan: Bhartiya Drishti (IQAC, Daulat Ram College) on 26th September, 2019.
- Presented a paper entitled "Upnishadon Ka Latin Anuvad: Unka Prachar Prasar at National Seminar organized by Ramjas College, DU on 15th -16th March, 2019.
- Presented a paper entitled "Vishishadvaita Darshan Mein Bhakti ki Avadharana" organized by Hindu College, DU sponsored by UGC on 19th -20th September, 2019.
- Participated in National Conference on "Income Inequality, Protectionism and International Trade in digital age" with reference to India organized by Daulat Ram College on 21st January, 2020.

- Presented a Paper entitled "Bhatiya Sanstriti Me Param Pujaniya Nariya Tatha Unke Yugadan" in Lectureseries Organized by Sanskritbharti and Hansraj College ,DU on 31st 2021.
- Participated in National Symposium on" Translation in India"Organizied by ECA Society of Daulat Ram College on 8th September.
- Participated Online International Workshop on Ayurveda & Mental Wellness on 25th September
 2021 Organized by Mata Sundri College For Woman.
- Participated Online National Lecture Series on Sanskrit Patrakarita ka Svatantra Sangram ME Yogadan on 21st December 2021.
- Participated in Skill Development Program on Wellness through Yoga and Healthy Lifestyle on 1st
 January 2022 in Daulat Ram College.
- Participated in National Lecture Series on Sanskrit Ke Chandon Ka Lok Paksh on 8th January 2022
 Orgazied Hindu College, DU.
- Participated in the Two Day International Conference Organized by Wider Association for Vedic Studies in collaboration with the Department of Sanskrit, Bankura University on the theme Veda is the Treasure of all Shastras on 10-11th January,2022.
- Participated in Onliine National Lecture Series on Puranon Ka Aadarsha Samaj Ke Nirman Me Yugadan Organized by Hindu College D.U on 19th January 2022.
- Participated in Online National Lecture Series on Vedic Samhitaun me Natik Mulya Organized by
- Participated One Week Faculty Development Program on Resurrection of Cultural Value Through
 Yoga Traditions Organized by Hansraj College D.U on 21-26,October 2022.
- Participated in the Online Student Development Program on Road To Recharge Your Mind And Mood Organized by Government Girls College ,Magra Punjala ,Jodhpur under the aegis of IQAC on15-17 Febuary ,2022.
- Presented a Paper at the National Conference on Women' Well-being and Flourishing Organized by WDC Cell Daulat Ram College D.U under the aegis of IQAC on 8th March ,2022
- Participated in the Shreeshankar shikshayatan, Vedic Shodha Sansthan Online Lecture Series on 31st March 2022.

- Participated in the National Seminar on Rajshreevidyavimarsha Organized by Deendayal Upadhaya Gorakhapur on 30th April.
- Presented a Paper entitled Sanskrit ke Hastalekhit Pratiyoo Ka Sanghrhan evam Sanrakshan on National Sanskrit Vidushi Sammelan Organized by Sanskrit Sanskriti Vikas Sansthan & Daulat Ram College on 23rd April 2022.
- Participated in the National Seminar Rajshreevidiyavimarsh Organized by Shreesankar Shikshayatana, Vedic Shoda Sansthana on 30th April 2022
- Presented a Paper entitled Valmiki Ramayana se itar Ramayanano Ka Paricaya in Pratham
 Vaisvika Sanskrit Sammelan Organized by Global Sanskrit Forum On 16-17th May 2022
- Participated in 10 days workshop on Patanjal Yoga Darsan (Samadhipada) Organized by Shree
 Lalbhahdur Shastri Rashtiya Sanskrit Vishvidhayalaya on 11th May to 20th May 2022
- Presented a Paper entitled Yoga Sadhana Mee Aadyatmika Vikas on three days International Yoga Seminar Organized by Shree Lal bhahdur Shastri Rashtriya Sanskrit Vishvidhyalaya on14th-16 June 2022
- Participated in National Workshop organized by Environmental Pollution Laboratory,
 Department of Department of Environmental Studies, DU on 25th June, 2022
- Participated in National 10 days virtual workshop by Indian Council of Philosophical Research (ICPR), New Delhi on "Aatmatattvaviveka – Kshanabhangavada" from 18th July till 27 July, 2022
- Attended National Webinar organized by Kashi Hindu (Vedic Science Centre) on "Swasth Jeevan Shaili Avam Santulit Aahar Vihar" on 25th July 2022.
- Attended 2 days Virtual International Seminar on "Post Independence Indian Phylosophy" organized by IQAC and Dept. of Nyaya Philosophy from 14 -15th July 2022.
- Attended National Seminar on "Gita Vighyaan Bhashya Rajshree Vidya Vimarsh" organized by Shri Shankar Shikshayatan (Vedic Research Centre) on 30th July 2022.
- Participated in National Webinar on "Sanskrit Sahitya mae Shravani Purnima Ka Mehatva" organized by Global Sanskrit Forum on 10th August. 2022.
- Participated in Lecture Series on "Natyamandap Vidhan: Natya Shastra avam Natya Anushasan ke Sandarbh mae" organized by the Sanskrit Society of India on 28th Aug, 2022.

Presented paper entitiled "Yogeshwar Krishna ki divya leelao ka adhyatmik chintan" in 10 days
 Virtual Workshop on "Patanjal Yoga Darshan" organized by Shree Lal Bahadur Shastri, Rashtriya
 Sanskirt University from 15 – 24th Sept, 2022.

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Teaching Experience

| Courses Taught | Name of the University/College | Duration |
|--------------------------|--|--------------------------|
| (B.A., Pass & Hons.) | Daulat Ram College, | 2006 -2020 |
| (B.A Pass & Hons.) | Zakir Hussain College | 2005 - 2006 (March) |
| M.A. | Correspondence Building, DU | 2008 |
| B.A. Non- Collegiate | Vivekanand College, DU | 1989 - 1990; 2004 - 2006 |
| Correspondence | Hans Raj College (B.A.); Correspondence Building, DU(M.A.) | 2006 - 2007 2008 |
| Sanskrit Diploma Classes | Arts Faculty, DU | 2005 - 2007 |

Any Other information

- Chaired a session of National Seminar on Relevance of Indian Stotra Literature organized by Dept. Of History, Kumaon University, S.S.J. Campus, Almora (Uttarakhand) on 10th February, 2007.
- Attended All India Seminar on Social Consciousness in Modern Sanskrit Literature organized by the Department of Sanskrit, University of Delhi from 31st March 2007 to 2nd April 2007.
- Participated in Three-day Kalidasa Mahotsava and National Research Seminar organised under the Kalidasa Academy of Sanskrit, Music and Fine Arts, Bharti College, DU, Delhi Sanskrit Academy and Kamala Nehru College, DU from 1st to 3rd December, 2007
- Participated in five-day training programme and workshop organized by the Dept. Of Sanskrit, University of Delhi from 6th 10th October, 2006.

 Paricipated and successfully completed a 2 week Sanskrit Samvadasala organized by Sanskrit Bharti, New Delhi from 1st - 14th October, 2007.

Administrative Activities

- Worked as Co-Advisor of college magazine (Pramila) in 2006.
- Worked as Co-Convenor of Sanskrit Association during 2006 2010.
- Taught Sanskrit Diploma course classes as Guest Lecturer from 2006 2008.
- Acted as a Judge in Munshi Memorial Inter- School Sanskrit recitation competition organized by Bhartiya Vidya Bhavan, New Delhi in October 2006 and October 2007.
- Worked as a Convenor of Dramatic Society, Daulat Ram college in 2012.
- Worked as Teacher -In-Charge, Sanskrit Department from 2011 2015 (till date).
- Worked as Association-In-charge (Sanskrit Department) from 2017-2018.
- Worked as member of Library Committee from 2017-2018.
- Worked in BA Program Admission Committee during 2018-2019.
- Worked as member of Teaching Program Committee during 2018-2019.
- Worked in BA Hons. Sanskrit Admission Committee during 2019-2020.
- Worked as member of Prize Committee from 2019-2020.
- Teacher In-Charge, Department of Sanskrit 2019-2020
- Co-Convener, NSS, 2021-2022; 2022-2023
- Member, Prize Committee
- Member, Student Ameneties, 2022-2023
- Convener, College Magazine Committee, 2022-2023
- Member, Timetable, 2021-2022

Honours & Award

Sanskrit Samaradhaka Sammana from Delhi Sanskrit Academy in 2017-2018

- Bhagirathi Award for Outstanding Services in 2012
- Gold Medal for securing highest marks in Pali Diploma Course in 2010
- Sanskrit Samaradhaka Sammana from Delhi Sanskrit Academy in 2010
- Lal Mani Professor Mahesh Tiwary Gold Medal in 2009
- Sanskrit Samaradhaka Sammana from Delhi Sanskrit Academy in 2008
- Sanskrit Samaradhaka Sammana from Delhi Sanskrit Academy in 2007
- Mata Janki Puraskar for securing highest marks in B.A.Prog 2nd year
- First Prize in Poojya Shri Narahari Shastri Akolkar Essay Competition in 1990